

FOI_1625_2023-24 – FOI Request concerning Talking Therapies

1. How much have the trust allocated towards Talking Therapies in financial year 2024/2025?

4,705,328	Pay
453,930	Non pay
5,159,258	Total

2. How many patients have been offered Talking Therapies in financial year 2023/2024?

8,518 patients were offered Talking Therapies services.

9,652 discharged in 23/24, 826 not suitable and 308 signposted to another service.

3. How many additional staff and hours will the trust need in order to meet Talking Therapies requirements in Financial Year 2024/2025?

This is our currently agreed additional staff and hours for 2024/25,

5 WTE (187.5hrs) additional band 6 high intensity trainees

12 WTE (450hrs) additional band 4 psychological wellbeing trainees

5 WTE (187.5hrs) additional band 7 EMDR and CBT high intensity therapists

1 WTE (37.5hrs) band 5 counsellor

0.5 WTE (18.75hrs) band 3 administrator

It is difficult to forecast additional expansion as we are awaiting further national guidelines on the exact Key Performance Indicator figures.

4. How many locum staff were used in financial year 2023/2024?

157 high intensity therapy clients have been referred to our locum provider in 2023/2024

This would be equivalent to 8 WTE locums.

Counselling	44
Step 2	0
Step 3 CBT	51
Step 3 EMDR	62
TOTAL	157

5. What was your locum spend on Talking Therapies in financial year 2023/2024

We outsource and do not employ locums. £109,675 for 23/24 was spent on outsourcing.

6. What percentage of locum staff are placed above cap in financial year 2023/2024?

Locums are not employed directly by Talking Therapies as we have a block contract with our provider.

7. What is your current waiting time for service users to use Talking Therapies?

Snapshot on 04/04 – Referral to 1st Assessment

Average waiting time is 24 days.

8. What is your current waiting time for service users to treatment from initial assessment within the Talking Therapies department?

Snapshot on 08/04

Average waiting time is 32 days, 27 people waiting and 70 days is longest wait for WL
Step 3 CBT