Basingstoke, Southampton and Winchester Local Implementation Group and Portsmouth and South East Hampshire Local Implementation Group

# Wound Formulary

**HANDBOOK** 

July 2023

#### Introduction

Dressings are only one component of wound care and, on their own, will not heal wounds. It is assumed that each healthcare professional will be responsible for ensuring they are up to date with current wound/skin care practice and ensure they are familiar with the products selected for use.

The purpose of the Hampshire wide Wound Formulary is to provide a list of dressings, bandages, hosiery and topical applications, which based on the evidence available, should be selected for approximately **90%** of prescribing in this area.

There may be a small number of occasions when, after using the Wound Formulary 1<sup>st</sup> and 2<sup>nd</sup> line, you consider a non-formulary product may be appropriate.

In secondary/acute care settings there may be differences due to availability and procurement routes which will be highlighted where known-please refer to local protocols. These dressings can be switched to formulary equivalents once the patient is discharged to primary care, unless a particular dressing is requested by a TVN or clinical specialist.

The Wound Formulary is a working document with input from all disciplines across nursing, pharmacy and podiatry within acute and primary care. The Wound Formulary Group continues to meet to provide a forum for the evaluation of new and current products and to document the evidence available for inclusions to the Wound Formulary for consideration by the Local Implementation Groups

Product selection has been based on evidence of efficacy (although there is little research evidence available), manufacturers literature, practical experience of use and cost effectiveness. The recommendations have been developed by collaboration between health professionals from primary care and secondary care.

### NB Not all products are available in secondary care. Please refer to local policy.

General References sources: BNF, SHIP Guidelines for Antibiotic Prescribing in the Community 2018, Journal of Wound Care Handbook <a href="www.woundcarehandbook.com">www.woundcarehandbook.com</a>, <a href="www.woundcarehandbook.com">www.

In the Wound Formulary we have provided an Exception Reporting form (available electronically) for use when non-formulary products are used. The information that you provide will be reviewed by the Wound Formulary Group and will be taken into consideration when the formulary is revised and updated. The Wound Formulary Group requires feedback/comments/rationales on the form. (See last section at bottom of page). The group also value any comments you have regarding this edition of the formulary.

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Product Type	Product	Size	Cost/	Comments
4 NON/LOW ADJECTMENT	Name	ΓΓ.a.ra	Dressing	Kaitta da a la catan dua acia a incura na sta da vitta na catant tribula a vida
1. NON/LOW ADHERENT	Atrauman <sup>®</sup>	5x5cm	37p	Knitted polyester dressing impregnated with neutral triglycerides.
DRESSINGS		7.5x10cm 10x20cm	38p 86p	Consider Mepitel® for <u>large</u> skin tears where the skin flap needs immobilising.
		20x30cm	£2.37	1. Tricotex <sup>®</sup> is suggested as an alternative for simple non adherent
		200300111	12.31	dressings
				NB An Exception reporting form will be needed in both instances.
				Please store flat to avoid sticking
				Choice of dressing for use under topical negative pressure is
				determined by local specialist advice
	Softpore <sup>®</sup>	6x7cm	6p	Not to be used on fragile skin.
	Compore	(3x4cm)	op .	For minor superficial wounds where all that is required is protection from
		10x10cm	13p	friction.
		(5x6cm)		Can be used as a post op dressing which may stay in place 3 – 5 days.
		10x15cm	20p	
		(5x10cm)	25.5	Wound contact pad size in brackets
		10x20cm (5x15cm)	35p	
		10x25cm	40p	
		(5x20cm)	тор	
		10x30cm	49p	
		(5x25cm)		
		10x35cm	58p	
O ADUEONE EU M	I I a alaa Cilaa ®	(5x30cm)	05:-	
2. ADHESIVE FILM	Hydrofilm <sup>®</sup>	6x7cm	25p	Dry, non-infected wounds; retention of lines; fixation of secondary
Vapour permeable film		10x12.5cm	46p	dressings.
		10x15cm 10x25cm	58p	
		12x25cm	90p	
		12x25cm	94p £1.06	
		20x30cm	£1.76	NB: management of IV sites – refer to local guidelines

### Management of infected wounds

Appendice 4a, 4b, 4c and 4d for Wound Infection Continuum, Check List, Wound Infection Flowchart and guidance on choice of dressings. All antimicrobial dressings should be used for two weeks only. Expert specialist advice and guidance should be sought if antimicrobial dressings are required for a longer period. NB: some antimicrobial dressings to be cut to size of wound. Do not apply to intact skin except for Medihoney HCS

Inadine <sup>®</sup>	5x5cm	34p	Non adherent dressing imprognated with 100/ nevidence inding. Calcur shares
	9.5x9.5cm	51p	Non-adherent dressing impregnated with 10% povidone-iodine. Colour change indicates when to change dressing.  Management and prevention of infection in ulcers, minor burns and minor traumatic skin injuries. Not effective in medium to heavy exudate.
lodoflex <sup>®</sup>	5g 10g	£4.50 £8.99	Cadexomer dressing with iodine. For the treatment of chronic exuding wounds. Not to be used on dry necrotic tissue.  Can apply up to 50g per dressing change, cover with secondary dressing; change when paste is saturated. Do not exceed 150g lodoflex® paste in one week or more than 3 months single course of treatment. BE AWARE OF CONTRAINDICATIONS FOR USE. See SPC and BNF <a href="https://bnf.nice.org.uk/wound-management/iodine.html">https://bnf.nice.org.uk/wound-management/iodine.html</a>
Medihoney® Antibacterial Medical Honey	20g	£4.10	Medical honey. Useful on sinus wounds. Indicated for infected or spreading infection wounds. Can be effective if malodour present, as a desloughing agent or in the treatment of necrotic wounds. Single patient use only- Discard 4 months after opening
Medihoney <sup>®</sup> Tulle dressing	10x10cm	£3.08	Strong woven dressing impregnated with antibacterial honey, sterile. For superficial wounds.
Medihoney® Antibacterial Honey Apinate	5x5cm 10x10cm 1.9x30cm	£2.07 £3.52 £4.35	Non-adherent, non-absorbent, protease modulating matrix, sterile. Contains calcium and antibacterial Honey
Medihoney® HCS	6x6cm 11x11cm	£2.32 £4.63	An all-in-one dressing that combines 63% Medihoney in a hydrogel dressing with a superabsorbent polymer. The adhesive dressing does not require a secondary dressing. For dry to moderately exudating wounds. Other sizes for specialist use only
	Medihoney® Antibacterial Medical Honey  Medihoney® Tulle dressing  Medihoney® Antibacterial Honey Apinate  Medihoney®	Medihoney® Antibacterial Medical Honey  Medihoney® Tulle dressing  Medihoney® Antibacterial Honey Apinate  Medihoney® 6x6cm 11x11cm	Medihoney® Antibacterial Medical Honey  Medihoney® Tulle dressing  Medihoney® 5x5cm £2.07 Antibacterial Honey Apinate  Medihoney® 5x5cm £2.07 10x10cm £3.52 1.9x30cm £4.35  Medihoney® 6x6cm £2.32 HCS 6x6cm £2.32 11x11cm £4.63

Product Type	Product Name	Size	Cost/ Item	Comments
\Topical Antimicrobials (cont) PHMB	Suprasorb X + PHMB <sup>®</sup>	5x5cm 9x9cm 14x20cm 2x21cm	£2.80 £5.58 £12.68 £7.90	Light to moderately exuding, superficial and deep, spreading and infected wounds. Bio-cellulose dressing impregnated with broad-spectrum antimicrobial (PHMB (polyhexamethylene biguanide 0.3%). Can be effective if the wound is infected and painful.
b. Irrigation	Prontosan <sup>®</sup>	350ml bottle 40ml x 24 pod	£5.17 £15.36 (24 pods)	Wound irrigation solution containing Betaine which is a gentle effective surfactant which penetrates, disturbs and removes biofilm and wound debris, and PHMB to help control bacterial levels on the wound. Note: for single patient use the 350ml bottle is more cost effective and has a shelf life of 8
	Prontosan <sup>®</sup>	30ml gel	£6.91	weeks once opened. Prontosan® pods should be reserved for acute use only.  Cleansing, decontamination and moisturising of acute and chronic skin wounds, first and second degree burns.  (Impregnated with dialkylcarbamoyl chloride)
c. Antimicrobial wound contact layer	Cutimed Sorbact® swab	4x6cm (11x16cm) 7x9cm (17x27cm)	£1.79 £2.98	DACC-coated, hydrophobic, antimicrobial wound contact layer designed to bind bacteria under moist wound conditions. The dressing can be used folded or unfolded.  Primary dressing for contaminated, colonised or infected superficial or deep wounds including superficial wounds, traumatic wounds, postoperative or dehisced wounds, ulcers (venous, arterial, diabetic, pressure) and fungal infections. Suitable for fungal infections in the groin, skin folds, or between digits.
d. Silver	Durafiber Ag <sup>®</sup>	5x5cm 10x10cm 15x15cm 2x45cm 4x10cm 4x20cm 4x30cm	£1.95 £4.64 £8.73 £4.65 £2.82 £3.68 £5.50	A highly absorbent, non-woven, silver gelling fibre dressing composed of a blend of cellulose-based fibres. Dressing fibres coming into contact with exudate swell and form a soft cohesive gel sheet. Exudate is locked in the dressing structure. Use as a primary dressing for moderately to highly exuding wounds where there is infection.

Product Type	Product	Size	Cost/	Comments
	Name		Item	
4. ODOUR CONTROL  NB: charcoal is not	Clinisorb <sup>®</sup>	10x10cm 10x20cm 15x25cm	£2.04 £2.72 £4.38	Sterile activated charcoal cloth sandwiched between layers of nylon/viscose rayon cloth. Apply as a secondary dressing over an appropriate primary dressing. Exudate will reduce the dressing's effectiveness. Can be cut to size. Can be used in the
effective once wet				management of malodorous wounds such fungating wounds, pressure ulcers, leg ulcers and diabetic foot ulcers. May wish to consider using Anabact® (non-formulary).

Product Type	Product Name	Size	Cost/ Item	Comments	
5. ALGINATES  NB: Kaltostat® On contact with a bleeding wound, promotes haemostasis but should not be left in place. Local guidance is to leave for 10 mins and then remove. Kaltostat® is non-formulary.	Suprasorb A <sup>®</sup>	5x5cm 10x10cm	68p £1.34		
NB: use only where you can see the base of the wound as fibres/dressing can be left in situ'	Suprasorb A <sup>®</sup> Rope	2g(30cm)	£2.49	For exudate management and wound healing of large open or cavity wounds.	
6. GELLING FIBRE DRESSING	Exufiber <sup>®</sup>	5x5cm 10x10cm 15x15cm 20x30cm 1x45cm 2x45cm 4.5x10cm 4.5x20cm 4.5x30cm	88p £2.13 £3.99 £9.28 £1.71 £1.92 £1.16 £1.70 £2.57	For infected/heavily exudating wounds. Do not use on a dry or low exudating wound. Requires secondary dressing.  Strong polyvinyl alcohol (PVA) fibres that are entangled together in all directions, as well as mechanically secured to each other, providing high wet integrity (Hydrolock®Technology). Locking properties of the PVA technology, and the even space between the fibres, minimises free fluid inside the product, give it high absorption and retention capacity.  Apply in a cavity wound or on shallow wounds. Should overlap the wound margins.	

Product Type	Product Name	Size	Cost/	Comments
7. HYDROGEL  NB: cut to size and do not place on intact skin	IntraSite Conformable®	10x10cm 10x20cm 10x40cm	£1.95 £2.64 £4.72	Primarily indicated for treatment of necrotic and sloughy wounds, e.g. leg ulcers, pressure ulcers and non-infected diabetic foot ulcers.  Effective for desloughing and debriding wounds. For dry 'sloughy' or necrotic wounds, lightly exudating wounds, granulating wounds and cavities. Not suitable for infected or heavily exudating wounds. Secondary Dressings required.  IntraSite Conformable® is a hydrogel sheet. It has the added advantage of being bacteriostatic due to its propylene glycol content. It can be shaped to fit the wound so reducing the risk of maceration.
Non adhesive	KerraLite Cool®	6x6cm 8.5x12cm	£1.85 £2.72	Consider when pain is a significant factor.
Adhesive		8x8cm 11x11cm 15x15cm	£2.13 £2.85 £4.54	Soothing, debriding and moisture-balancing gel dressing. Manages wound exudate levels and protects against wound dehydration and external bacterial contamination. The gel provides both cushioning and absorption  For use on chronic wounds, painful wounds, and skin conditions such as leg ulcers, radiation therapy damage, burns and scalds. May be used on low-exuding and non-exuding wounds to assist in autolytic debridement by hydration of necrotic and sloughy tissue and for absorption of exudate.

Product Type	Product Name	Size	Cost/ Item	Commen	nts
8. FOAM DRESSING Adhesive	Mepilex Border Comfort <sup>®</sup> Silicone Foam	7.5x7.5cm 10x10cm 12.5x12.5cm 15x15cm 10x20cm 15x20cm	£1.40 £1.97 £2.83 £4.26 £3.86 £5.65	For use of Mepilex by absorben This dres and you a	essings should not be used for pressure relief on moderately exuding wounds.  porder comfort is a conformable all-in-one self-adherent t 5 layer soft silicone coated foam dressing.  sing is more flexible and can be left in place for up to 7 days are able to monitor exudate progress using grid on outer (so you can leave dressing undisturbed longer) as illustrated
		ogress Monitor is a gused to track and re			4X4 dots As exudate spreads, you can record a dot count that reflects fluid volume in the dressing.
	8X10 dots You can then ref monitor exudate	er to the recorded d trends.	ot count to	help	10X14 dots <b>Time to change</b> A dressing change should be considered once the exudate spreads past the zone highlighted in red  Ref : The new Exudate Progress Monitor I Mölnlycke
					Ref : The new Exudate Progress Monitor   Mölnlycke (molnlycke.co.uk)

Product Type	Product Name	Size	Cost/ Item	Comments
9. HYDROCOLLOIDS				
Sterile, thin hydrocolloid dressing.	DuoDERM® Extra Thin	5x10cm 7.5x7.5cm 10x10cm	83p 86p £1.43	To aid debriding, promote granulation, occlusive barrier. For light to medium exudating wounds ONLY. Ensure correct size of dressings applied; overlap the wound by at least 2cms N.B. Odour from the dressing constituents can be a concern to patients. Not suitable for infected wounds unless observed frequently.  Not indicated routinely on diabetic foot wounds- contact local Diabetic/Foot Protection Team for advice.
	Comfeel <sup>®</sup> Plus Ulcer	4x6cm 10x10cm 15x15cm	£1.04 £2.66 £5.70	Absorbent hydrocolloid dressing with added alginate for absorption, a vapour-permeable film backing and bevelled edge.
10. PASTE BANDAGES	Ichthopaste®	7.5x6m	£3.97	Chronic eczema/dermatitis where occlusion is indicated. Zinc paste and ichthammol bandage. Ensure any residue is removed before rebandaging. Patch testing required prior to use. To be applied as per manufacturer's instructions and not as a primary dressing or as a patch.

Product Type	Product Name	Size	Cost/ Item	Comments
11. BANDAGES				
Padding	Ultra Soft®	10cmx 3.5m	39p	Sub-compression padding bandage used to protect the limb and for shaping if required.
Lightweight conforming bandages	Ultra Lite <sup>®</sup>	10cmx4.5m	86p	This bandage should be used as an alternative to K Lite where there are symptoms of or identified arterial disease present in the lower leg.
	K-lite <sup>®</sup>	10cmx4.5m	£1.07	For 2 <sup>nd</sup> line- use after Ultra Lite®
Elasticated viscose stockinette	CliniFast <sup>®</sup> /Comfifast <sup>®</sup>	3.5cmx1m 5cmx1m 7.5cmx1m 10.75cmx1m 17.5cmx1m	56p 58p 77p £1.20 £1.83	Red line Green line Blue line Yellow line Beige line  Also available in 3m and 5m lengths for green, blue and yellow line, which may be more cost effective.

11. BANDAGES (cont'd)				
a) Compression bandages providing <b>mild</b> compression	UrgoKTwo® Reduced latex free (20mmHg) multi-layer compression bandage kit	18-25cm ankle (10cm) 25-32cm ankle (10cm)	£9.13 £9.98	Urgo KTwo reduced is a latex free two-layer compression bandage system that combines elastic and inelastic components. Provides sustained graduated mild compression for up to 7 days.  INDICATIONS For the treatment of mixed aetiology leg ulcers, associated oedema and lymphoedema.  Or First line mild (20mmHg) graduated compression therapy in the absence of Red Flags symptoms (Ref: NWCSP Lower Limb Recommendations, 2021).
b) Short stretch compression bandages providing <b>strong</b> compression	Actico <sup>®</sup> ( <u>not</u> latex free)	10cmx6m	£3.56	Cohesive short stretch bandages for single use and adapted according to ankle circumference. Can be worn for up to 7 days. Recommended in patients with an ABPI of > 0.8. 10cm is width for routine below knee leg ulcer bandaging.
33p.333.311	Actico <sup>®</sup> ( <u>not</u> latex free )	8 cmx6m 12cmx6m	£3.49 £4.62	8 and 12 cm Actico bandages are for use in patients with chronic oedema. 8cm should be applied to the foot and 12cm to the thigh

11. BANDAGES (cont'd) c) Chronic oedema	Actico <sup>®</sup> ( <u>not</u> latex free)  Comprilan <sup>®</sup> (Latex Free)	8cmx6m 10cmx6m 12cmx6m 10cmx5m	£3.49 £3.62 £4.62 £3.65	
	Coban <sup>®</sup> 2 layer compression system	Multi-layer compression bandage kit 10cm x 3.5m	£8.40	Bandages of choice for lymphoedema/chronic oedema management.  Two-layer compression system that delivers sustained, therapeutic compression to be used as a kit comprising of latex-free foam padding layer and a latex-free, cohesive,
	Coban <sup>®</sup> 2 Comfort Foam Layer (layer1)	10cmx3.5m	£7.81	compression bandage. Apply the two layers which bond to form a single-layer bandage. Can be worn for up to 7 days. Recommended in patients with an ABPI of > 0.8.
	Coban <sup>®</sup> 2 Compression Layer (layer 2)	10cmx4.5m	£5.03	

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MAINTENANCE OR PREVENTION  12. COMPRESSION HOSIERY  Indicated for:			. ,	The choice of hosiery selected, depends on therapeutic need, comfort, cosmetic appearance and ease of application.  The Formulary Group deems Jobst® (Essity) to be the preferred hosiery products.
<ul> <li>Prevention or management of known or suspected venous disease</li> <li>Chronic oedema/</li> </ul>		Available in below knee and thigh high with a choice		These products increase the lymphatic return and (if indicated), aiding the absorption of excess limb fluid in chronic oedema. They can help in the management plan of preventing occurrence or recurrence of ulceration and associated venous conditions.
lymphoedema  RAL standard hosiery		of silicone bands to prevent slippage at		They have a higher 'Stiffness Index' (which aids stimulation to lymph to encourage fluid return) and can last up to 6 months before replacing if undamaged.
Class 1 18-21mmHg (at the ankle)	Jobst Opaque®	thigh 1 stocking per prescription item.	Below Knee £28.84 per pair Thigh Length £54.80 per pair	RAL Class 1 provides mild compression for early mild oedema with little leg distortion. Suitable for chronic oedema, early stage lymphoedema, lipoedema, prophylaxis, maintenance therapy and, palliative use.
Class 2 23-32 mmHg (at the ankle)	Jobst Opaque®	Variety of colours, sizes, open and closed toe. Also available as tights.	1 stocking per prescription item	RAL Class 2 provides compression for moderate to severe chronic oedema/lymphoedema, ulcer prevention or maintenance of healing where resistant oedema has occurred and/or some shape distortion.  References
		See next page for RAL sock		https://www.nationalwoundcarestrategy.net/lower-limb/ Best Practice Statement Compression hosiery A patient centric approach - Wounds UK (wounds-uk.com) Legs Matter consensus document - Legs Matter

Product Type	Product Name	Size	Cost/Item	Comment
MAINTENANCE OR PREVENTION  12. COMPRESSION HOSIERY continued				
RAL standard sock		Available in		
Class 1 18-21mmHg (at the ankle)	Jobst for men Explore®	below knee closed toe in a range of colours and sizes.	Below knee £30.07 per pair	RAL Class 1 provides mild compression for early mild oedema with little leg distortion. Suitable for chronic oedema, early stage lymphoedema, lipoedema, prophylaxis, maintenance therapy and, palliative use.
Class 2 23-32 mmHg (at the ankle)	Jobst for men Explore®	Available in regular and long.		RAL Class 2 provides compression for moderate to severe chronic oedema/lymphoedema, ulcer prevention or maintenance of healing where resistant oedema has occurred and/or some shape distortion
British Class 1 hosiery  Graduated mild support hosiery			£8.02 per pair	British class 1
(14-17mmHg) at the ankle  Superficial and early varicose veins, including pregnancy	Activa®	Below knee Thigh length	£8.78 per pair	Note: Only to be considered for minor conditions and when NO OEDEMA is present or has ever been present

ALL healthcare professionals must ensure they are currently competent to apply compression

Arterial screening (i.e.Doppler Ultrasound) may need to be undertaken before a compression system is commenced.

Refer to the local 'Well Leg Pathway/Leg Ulcer Guidelines/Standard Operating Procedures' for your area to aid decision making.

(Note: Arterial screening may need to be repeated periodically if compression therapy is ongoing)

Product Type	Product Name	Size	Cost/Item	Comment
<b>ACTIVE ULCERATION</b>				
12. COMPRESSION HOSIERY continued				
HOSIERY KIT providing strong compression approx 40mmHg (at the ankle)	Jobst Ulcer Care <sup>®</sup> Hosiery 2 layer Kit (with zip option)	1 Stocking and 2 liners	£33.81	Medical Stocking & Compression Liner. Available as small, medium, large, X large, XX large, XXX large and XXXX large.  Important- 40mmHg of compression is obtained from one liner and one stocking- There is a spare liner in the kit.
2-in1 compression system for the management of venous leg ulcers				
Liners providing mild compression 20mmHg (at the ankle)	Jobst Ulcer Care <sup>®</sup> Liner Pack	3 Liners	£20.42	Liner pack available in all sizes.  References: https://www.nationalwoundcarestrategy.net/lower-limb/ Best Practice Statement Compression hosiery A patient centric approach - Wounds UK (wounds-uk.com) Legs Matter consensus document - Legs MatterLower Limb   AHSN Network
Accessories	Acti-Glide® Compression hosiery application system		£15.67	Supply of single unit only.
Waterproof Protector	LimbO®	Standard and short ½ leg	£10.74	Available as slim, normal and large build.

Product Type	Product Name	Size	Cost/ Item	Comment
13. ADHESIVE TAPES Non-woven synthetic	Clinipore®	1.25cmx5m 2.5cmx5m 5cmx5m	36p 61p £1.02	Permeable non-woven synthetic adhesive tape
	Hypafix <sup>®</sup>	2.5cmx10m 5cmx5m 10cmx5m	£1.78 £1.53 £2.57	To be used <u>only</u> when Clinipore <sup>®</sup> is deemed unsuitable. A skin-friendly, non-woven tape used for wide-area dressing fixation.
14. ABSORBENT DRESSINGS	Zetuvit <sup>®</sup>	10x10cm 10x20cm 20x20cm 20x40cm	23p 27p 43p £1.20	Absorbent and protective. Used as a secondary dressing.  NB community nurses can obtain Surgipads® from central stores.
Hyper-absorbent Adhesive Dressing	Allevyn Life®	12.9x12.9cm 15.4x15.4cm	£2.69 £3.29	For use on high exudating wounds where a wear time of 5 – 7 days is required.
Super Absorbent Dressing	Kliniderm Superabsorbent®	10x10cm 20x20cm 10x15cm 10x20cm 20x30cm 20x40cm	50p £1.01 71p 87p £1.53 £2.04	

Product Type	Product Name	Size	Cost/ Item	Comments
15. MISCELLANEOUS				
Sterile Skin Closures	Leukostrip <sup>®</sup>	6.4x76mm	£6.84 (10x3 strips)	Available on FP10, more cost effective than Steri-strip <sup>®</sup> .
Dressing Packs	Dressit <sup>®</sup> dressing Pack	Small/medium Medium/large	69p	Sterile dressing pack containing vitrex gloves, sterile field, absorbent pad 4 softswabs 4ply, paper towel, large apron, disposable bag and measure.
	Nurse It <sup>®</sup> dressing Pack	Small/medium Medium/large	81p	Pair of powder-free latex vinyl gloves, 7 non-woven swabs, 1 compartment tray, <b>disposable forceps</b> , laminated paper sterile field, large apron, paper towel, disposable bag and measure.  ONLY USE IF FORCEPS ARE REQUIRED
Non-woven Fabric Swab	sterile (5 pack)	7.5x7.5cm	29p	Use for general purpose swabbing and cleansing.
Sodium Chloride	Clinipod <sup>®</sup>	20ml x 25	£4.40	Normal Saline – is the irrigation solution of choice. All irrigation solutions should be applied at body temperature. Tap water only to be used according to local policy for leg washing and all chronic and acute wounds will be cleansed with a sterile, single use solution, if required.
Gauze and Cotton Tissue	Gamgee <sup>®</sup> Drug Tariff (Pink)	500g	£5.81	<b>Gamgee® -</b> For use to absorb large amounts of exudate. Not to be used as primary dressing. If used in leg management always pad OUTSIDE the bandage to maintain adequate pressures (if compression) to the leg. Can be cut to size if required.

Product Type	Product Name	Size	Cost/ Item	Comments
15. MISCELLANEOUS (cont'd)				Please refer to local formulary/dermatological guidance for detailed product list and advice. Table of all the products can be found in MIMS and includes the potential sensitisers. <a href="http://www.mims.co.uk/Tables/882437/Emollients-Potential-Skin-Sensitisers-Ingredients/">http://www.mims.co.uk/Tables/882437/Emollients-Potential-Skin-Sensitisers-Ingredients/</a>
Skin Protectant	LBF <sup>®</sup> Sterile No Sting Barrier Film	5x1ml 5x2ml	£4.14 £5.43	To protect surrounding skin in high exudate wounds to prevent maceration. For use over excoriated skin and around stomas. Use in moist areas where it is difficult to get dressing adhesion.  When used appropriately LBF® reduces wound trauma. The 2ml LBF stick, when evaluated was found to provide adequate coverage in comparison to a 3ml stick. (Medi Derma S may be selected at the discretion of local trusts following guidance from their procurement team)
Potassium permanganate	Permitabs <sup>®</sup>	30	£26.02	There have been National patient safety alerts issued by NHS England, regarding the use of Potassium Permanganate <a href="CAS-ViewAlert">CAS-ViewAlert (mhra.gov.uk)</a> All use of Potassium Permanganate must be used in conjunction with BAD guidance. <a href="Guidance-for-safe-use-of-potassium-permanganate-soaks-FINAL-for-website.pdf">Guidance-for-safe-use-of-potassium-permanganate-soaks-FINAL-for-website.pdf</a> (bad.org.uk) Adjunct therapy only. Short-term treatment for wet weepy, infected or eczematous legs. One tablet dissolved in at least 4 litres of warm tap water. Indicated for short term use only. <a href="Maximum of 2 weeks">Maximum of 2 weeks</a> in conjunction with assessment to ascertain cause of infection or weeping and treat underlying cause.  Warn patients about staining. If treating feet suggest using white soft paraffin around the toenails to reduce staining.  Please see BAD Potassium permanganate leaflet for further information and guidance at link below  British Association of Dermatologists (bad.org.uk)

# APPENDIX 1 ASEPTIC NON-TOUCH TECHNIQUE Refer to organisational policy

#### **APPENDIX 2**

# PROTOCOL FOR TAKING SWAB FROM SUSPECTED INFECTED OR NON-HEALING WOUND

Bacteriological sampling from a wound bed should be taken using the best method available e.g., biopsy, aspiration, scraping or swab. In most clinical settings wound swabbing is the most frequently used method for collecting a wound sample.

## INDICATIONS FOR INITIATING MICROBIOLOGICAL ANALYSIS OF A WOUND SPECIMEN

Bacteriological swabs should only be taken when there is clinical evidence of infection in a wound (see appendices 4a, 4b and 4c). For example

- Acute or chronic wounds with signs of spreading or systemic infection
- Infected wounds that have failed to respond to antimicrobial intervention or are deteriorating despite appropriate antimicrobial intervention.
- New or increased pain not accounted for by underlying arterial disease or
- Wounds where the presence of certain species would negate a surgical procedure

#### 1. PROCEDURE FOR TAKING A WOUND SWAB FOR CULTURE

- Inform the patient and obtain consent to collect the specimen
- Cleanse the wound using warm sterile normal saline
- Debride non-viable tissue as required and consistent with local policy
- Repeat wound cleansing using warm sterile normal saline
- Moisten the swab tip with sterile normal saline
- Select the sample location wherever possible taking the sample form the cleanest area of the wound bed
- Use a wound swab kit provided by the laboratory

### 2. SELECT THE SAMPLE LOCATION

- Obtain the sample from the cleanest area of the wound bed
- Where possible, <u>do not</u> obtain the sample from pus, slough or necrotic tissue

#### 3. USE THE CORRECT SAMPLE TECHNIQUE

- Inform the patient that the procedure may cause discomfort
- Using an aseptic technique, firmly press the swab down into the wound and rotate the swab over a 1cm<sup>2</sup> area to express fluid from the tissue (Levine technique)

#### 4. LABEL THE SAMPLE APPROPRIATELY

- Check the laboratory request form is complete and accurate
- Provide sufficient information on the request form, including:
  - duration of wound
  - provisional diagnosis of wound status
  - depth of wound
  - relevant clinical history and comorbidities
  - current antibiotic therapy, and
  - other relevant medication use (e.g. topical or systemic steroids)
- Label the sample correctly with patient's details, date and time sample was taken, and the accurate anatomical site of the sample (e.g. left medial malleolus)

#### 5. RECORD THE TAKING OF THE SWAB IN THE PATIENT'S NOTES

It is the practitioner's responsibility, as the patient's advocate, to access the results and liaise with the medical staff to act on the swab result if indicated.

Any systemically unwell patient should have a NEWS 2 score (or similar) to assess for signs of sepsis.

Infection is not implied by the mere presence of organism. The microbiology result must be considered along with the clinical indicators for infection.

Ref: International Wound Infection Institute (IWII) Wound Infection in Clinical Practice. *Wounds International*, 2022.

#### **APPENDIX 3**

### **Best Practice in Older Person's Skin Care**

(Best Practice Statement: Care of the Older Person's Skin. London: Wounds UK, 2012. Download from www.wounds-uk.com)

### Aim: To Maintain the Integrity of the Skin

As a person ages, changes in the skin occur, increasing skin vulnerability to a variety of damage. Older skin is less able to regenerate & protect, increasing the risk of skin breakdown

#### Dry & vulnerable skin

Older skin is thinner and dryer making it vulnerable to splitting and bacterial invasion and the dryness is often a cause of itching. Emollients applied twice daily are seen as the first line of treatment and will help rehydrate and maintain skin integrity. Traditional soaps dry the skin out, increasing the problem.

Emollient therapy is recommended as best practice for care of older person's skin and should be used as an alternative to soap. Adequate quantities should be used

Total emollient therapy (Lawton, 2009)				
Soap substitutes Soap is an irritant and can make the skin itchy. Soap substitutes cleanse effectively but do not leave the skin feeling dry.				
	containing SLS (e.g. Aqueous cream) should not be used as a soap substitute.			
Moisturisers	Moisturisers are 'leave on' emollients. They are available as:			
	Ointments: they have the highest oil content and are greasy. They can be messy to apply, leave the skin looking shiny and stain			
	clothes. They are suitable for very dry skin and may be best applied at night. Ointments usually work by occlusion.			
	Creams: they are quickly absorbed and more cosmetically acceptable. Creams are good for daytime use and work by occlusion or			
	'active' humectant effect, but are much less effective than ointments.			
	Lotions: the lightest and least greasy emollients (contain less oil). They are not suitable for dry skin conditions.			

#### Damage related to moisture from maceration & incontinence

according to the patient's need (refer to BNF for types of preparations and quantities)

Excess fluid on the skin from wounds, sweating, urine and/or faecal incontinence and peri-stomal exudate are likely to increase the damage to the skin causing maceration. Excessive moisture due to urine/faecal incontinence can lead to skin damage presenting as a moisture lesion. A protective skin barrier is required as prevention, please see page 20.

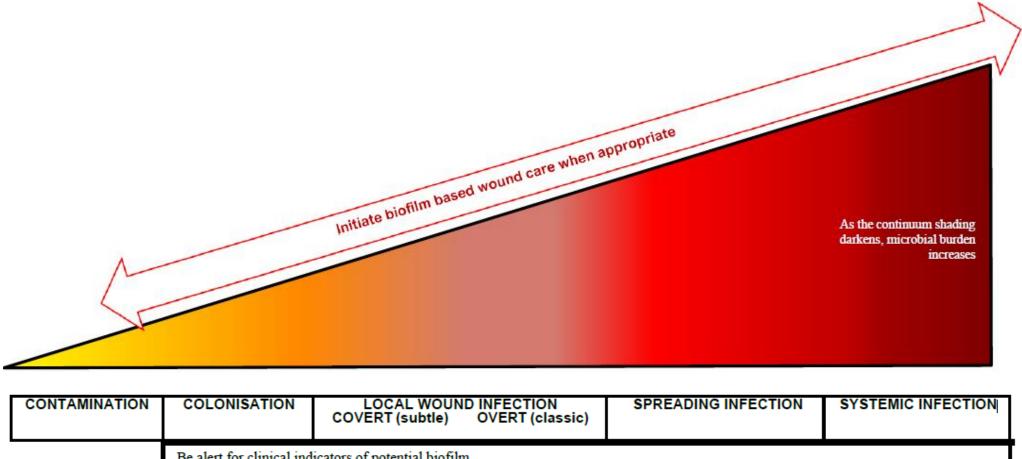
Product choice for an individual patient involves consideration of patient preference, consistency required, ingredients including potential allergens, suitable packaging and cost. The products of choice are therefore ones which are effective, the patient finds acceptable and is prepared to use on a regular basis. Refer to local formulary/dermatological guidance for more detailed product list and advice. Table of all the products can be found in MIMS and includes the potential sensitisers. <a href="http://www.mims.co.uk/Tables/882437/Emollients-Potential-Skin-Sensitisers-Ingredients/">http://www.mims.co.uk/Tables/882437/Emollients-Potential-Skin-Sensitisers-Ingredients/</a>

### Risk of Severe and Fatal Burns with Paraffin containing and Paraffin-free emollients - MHRA Dec 2018

Warnings about the risk of severe and fatal burns are being extended to all paraffin-based emollients regardless of paraffin concentration. Data suggest there is also a risk for paraffin-free emollients. Advise patients who use these products not to smoke or go near naked flames, and warn about the easy ignition of clothing, bedding, dressings, and other fabric that have dried residue of an emollient product on them. (See link below for more information) <a href="https://www.gov.uk/drug-safety-update/emollients-new-information-about-risk-of-severe-and-fatal-burns-with-paraffin-containing-and-paraffin-free-emollients">https://www.gov.uk/drug-safety-update/emollients-new-information-about-risk-of-severe-and-fatal-burns-with-paraffin-containing-and-paraffin-free-emollients</a>

Appendix 4a

# **Wound infection continuum**



CONTAMINATION	COLONISATION	LOCAL WOUND INFECTION COVERT (subtle) OVERT (classic)	SPREADING INFECTION	SYSTEMIC INFECTION	
	Be alert for clinical ind	icators of potential biofilm			

### **Appendix 4b**

### The wound infection checklist

This checklist places the signs and symptoms of the wound infection continuum categories into a checklist to act as a prompt to aid diagnosis and treatment of wounds.

It is anticipated that this will enable appropriate use of antimicrobial dressings and reduce the use of antibiotics

This is not a validated tool but based on practical experience and information from the International Wound Infection Institute Consensus Document 2016

#### How to use the checklist

- Identify the signs and symptoms exhibited by the patient through observation and listening to the patient's story.
- Check blood results. Initiate FBC and CRP, if no recent investigations have been undertaken, when wound enlargement /deterioration is identified.
- Tick the signs and symptoms identified ensuring that they are ticked in **every** column in which they appear
- Decide which stage of the wound infection continuum the wound falls into as follows:
  - 1. A tick in the top grey italic box gives the best indication as to where the wound is on the wound infection continuum
  - 2. If no tick is present in the top *italic box*, then the most ticked column indicates the stage of the wound infection continuum that the wound is in
  - 3. If there is no tick in the top italic box and an equal number of ticks in more than one column the most severe wound infection continuum should be picked
- Having established what stage of the wound infection continuum is present use the wound infection flowchart to guide treatment options

### CLINICAL FINDINGS SHOULD OVERIDE THIS CHECKLIST AT ALL TIMES

Ref: International Wound Infection Institute: Wound Infection In Clinical Practice- Principles of best practice INTERNATIONAL CONSENSUS UPDATE 2022 Wound Infection In Clinical Practice Principles of best practice - Wounds International

### Appendix 4b

### WOUND INFECTION CHECKLIST

Signs and symptoms exhibited by individuals as wound infection emerge (Please use in conjunction with local antibiotic guidelines)
\*symptoms in isolation are not indicative of spreading infection

<u>Contamination</u>	<u>Colonised</u>	<u>Local Infection</u> Covert (subtle signs)	Local infection Overt (classic) In addition to the signs noted in column "Local infection subtle signs "the following signs may be present * Patients with diabetes, peripheral vascular disease or the immunocompromised may not show the classic signs of infection. For these patients consider subtle signs of infection to identify early signs of infection.	Spreading Infection  Signs of local infection together with the symptoms below	Systemic Infection
Expected wound progression	Expected wound progression	Delayed wound healing beyond expectation	Local erythema spreading <2cm from wound margin	Erythema spreading >2cm from wound margin Wound breakdown with or without satellite lesions	Severe sepsis
Micro-organisms are present within the wound but are not multiplying.	Microorganisms are present within the wound and are undergoing limited multiplication.	Hypergranulation (overgranulation)	Wound enlargement/deterioration in the wound bed	Inflammation/swelling of lymph glands	Malaise
No delay in wound healing is clinically observed	No delay in wound healing is clinically observed	Bleeding, friable or unhealthy granulation	Local swelling /warmth	Crepitus	Lethargy or nonspecific general deterioration
Necrotic tissue/thick slough present but debriding as expected	Necrotic tissue/thick slough present but debriding as expected	Epithelial bridging and pocketing in granulation tissue	New /increased necrosis	Malaise/lethargy	Loss of appetite
Mobile slough present	Mobile slough present	Increased exudate	Purulent discharge	Non-specific physical deterioration	Confusion
Exudate appropriate to stage of wound healing	Exudate appropriate to stage of wound healing	Blue/green exudate	New/increased pain	Loss of appetite	Altered NEWS 2 (or local scoring system)
Healthy granulation tissue present	Healthy granulation tissue present	Thick nonresponsive slough or slough that is fast to return	Increasing malodour	Delayed wound healing with or without erythema	Severe sepsis
Epithelial tissue evident	Epithelial tissue evident	Raised or increased White Cell Count		Haemorrhagic patches/spots	Septic shock
Decrease in size in 1 – 2 weeks	Decrease in size in 1 – 2 weeks	Raised or increased CRP		Blistering	Organ failure
				Rapid deterioration in wound bed.	Death
				Altered NEWS 2 (or local scoring system)	

### **Appendix 4c**

### **Wound Infection Process**

THIS CHART SHOULD NOT BE USED FOR PATIENTS WITH DIABETES, PERIPHERAL VASCULAR DISEASE OR THOSE WHO ARE IMMUNOCOMPROMISED

Diabetes Foot Ulceration—Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team.

Early referral to specialist teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.

CONTAMINATION	COLONISATION	LOCAL WOUND INFECTION COVERT (subtle) OVERT (classic)	SPREADING INFECTION	SYSTEMIC INFECTION				
	Perform therapeutic cleaning							
	Select and use a wound cleansing solution If taking a wound swab, use saline to cleanse.							
			Confirm microorganisms and sens	itivities				
	Check if recent wound swab results available. Ensure antibiotics reflect sensitivities. If swab was not taken, ensure one is taken now and antibiotics commenced. For prescribing guidance see link to SCAN guidelines below Check results to ensure antibiotics are correct. Set a review date							
		Debridement and p	ost debridement care					
Debridement usually require		a surfactant soak. nmence and select debridement method b	ased on clinical need, goal and local policy.					
		Apply a wo	ound dressing					
Select a wound d	ressing based on cli	nical assessment, goals of care, tissue typ	pe, exudate level and local policy.					
	• Consider use of antimicrobial dressing and review after 10-14 days use (Discontinue if no signs of infection post review).							
	Monitoring for signs of wound infection							
	Seek Urgent Medical Opinion Undertake News 2 (National Early Warning Score 2017) to guide detection and response to clinical deterioration.							
	Following ea	ch review, document assessment and to	reatment, monitor progress and evaluate	management				

### **Appendix 4d**

<u>Diabetes Foot Ulceration</u> – Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team. Early referral to specialist

teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.



Management of lower leg wounds on patients with diabetes requires referral to your local specialist team.

Management of foot ulcers on patients with or without diabetes requires referral to your local specialist team.

### **Description**

See Wound Infection Checklist and Wound Infection Process for identification

**Aim To reduce wound bio-burden** It is expected that all nursing staff will familiarise themselves with the products suggested and their appropriate use. This guide is intended for first line treatment/product consideration. It is not considered as an exhaustive list or to be applicable for all patients. All healthcare professionals are expected to use their clinical judgement when assessing patients and wounds.

Presentation - refer to Wound Infection Checklist and Sign Checker Flowchart.

Treatment – Primary dressing – Low to moderate exudate – Inadine or Cutimed Sorbact swab or Medihoney range or Suprasorb X and PHMB

Moderate to high exudate – Iodoflex or Cutimed Sorbact swab or Medihoney range or Durafiber Ag

Secondary dressing – absorbent dressings such as Zetuvit or Kliniderm Superabsorbent

Factors to consider - Clinisorb for odour control

### Other factors to consider

Antimicrobial dressings should be used initially for two weeks only; if after reassessment the need for further antimicrobial use is indicated, this should be actioned and documented in the patient's notes together with the rationale.

Note: inflammation around wound edges is an expected part of the inflammatory process of wound healing in acute wounds and may be evident for up to three days post wounding. Patients who are immuno-compromised, diabetics or elderly may not show the classic signs of infection.

Please refer to local Sepsis guidelines or NICE Guidelines https://www.nice.org.uk/guidance/ng51?unlid=280104107201611917351

### **Appendix 5 Product Selection Tools**

<u>Diabetes Foot Ulceration</u> – Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team. Early referral to specialist teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.



### **Skin Tears**

**Presentation-** Superficial or traumatic wound, where the skin rips, commonly occurs in the elderly and the dehydrated

**Aims-** Promote atraumatic removal prevents infection, cover and protect **Treatment –** Clean with **normal saline** 

Where skin flap can be realigned gently reposition skin back with gloved finger and apply **Atrauman with gauze** pad secured with Comfifast/Clinifast, secondary dressing **Mepilex Border Comfort silicone foam** Where the edges cannot be aligned apply **Mepilex Border Comfort silicone foam** 

Factors to consider – Date dressing and place an arrow on dressing to show direction for removal.

Remove dressing after 24 to 48 hours to check wound for infection



### **Superficial Burns/Scalds**

Presentation - Partial thickness- Red inflamed skin, potentially with blistering

Aims - To cover and protect & minimise scarring

**Treatment –** Cover with **Atrauman and gauze pad/Kliniderm Superabsorbent** as secondary dressing or **Mepilex Border Comfort silicone foam** whilst seeking further advice from TVN

Factors to consider - For scalds, monitor initially as effects can continue for a few days after event

NB: monitor intensively initially and seek immediate advice from your local burns unit if burn progresses

Burns Helpline - Salisbury Plastics Trauma Team support/help-line email is: Shc-tr.PlasticsTrauma@nhs.net

If leaving an email please inform Burns Co-ordinator via switchboard on 01722 336262 - Bleep 102

Please seek advice if unsure, particularly if the burn is on the hand

Polymem- may be used for radiotherapy burns - for specialist use only

<u>Diabetes Foot Ulceration</u> – Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team. Early referral to specialist teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.



### **Epitheliasing Wounds**

Presentation - The wound is pink in colour; the tissue is fragile with evidence of healing wound bed and/or margins

Aim - Protect new tissue and support wound closure

Treatment - Primary Dressing - cover wound with Atrauman or Hydrofilm or Mepilex Border Comfort silicone foam or Duoderm Extra Thin



### **Granulating Wounds**

Presentation- Wound could be red in colour and has a granular 'bubbly' appearance

**Aim –** To promote healing and support wound to epitheliasing stage

Treatment – low exudate – Atrauman or Mepilex Border Comfort silicone foam

Treatment - moderate to high exudate - Exufiber with Kliniderm Superabsorbent as secondary dressing

<u>Diabetes Foot Ulceration</u> – Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team. Early referral to specialist teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.



#### **Hypergranulating (overgranulating) wounds**

Appendix 5 Product selection Tools Hypergranulating (overgranulating) wounds

#### Presentation

In some wounds, granulation tissue will 'over grow' beyond the wound surface. This is commonly known as 'proud flesh', 'hypergranulation' or 'overgranulation'. Hypergranulation is defined as an excess of granulation tissue and usually presents in wounds healing by secondary intention.

#### Aim

To reduce the excessive laying down of new blood vessels

#### Consider actions and treatment:

- Complete holistic wound assessment to identify possible cause of Hypergranulation, e.g., prolonged inflammatory phase, infection, oedema, friction, shear, malignancy.
- Exclude foreign bodies e.g., debris from trauma, sutures, and fibres from bandages.
- Stop occlusive dressings, (e.g., Duoderm Extra Thin, Comfeel) if currently in use.
- Assess for suspected or seen wound infection (Appendix 4)-local infection should be treated with topical
  antimicrobials, and systemic infections treated with oral or intravenous antibiotics as indicated plus antimicrobial
  dressings (Vuolo, 2010).
- If hypergranulation fails to respond to the above, the use of licensed topical cortico-steroids should be considered (McShane and Bellet, 2012; Jaeger et al, 2016). Fludroxycortide, (Haelan) tape is a topical cortico-steroid product that is indicated for hypergranulation (Johnson, 2007; Oldfield, 2009).

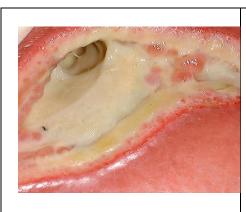
Fludroxycortide 4 micrograms per square centimetre Tape - SPC

 Topical cortico-steroid creams/ointments are also recognised as an off-licence product for treatment of hypergranulation, by 'dampening down' the inflammatory response. Seek advice from nurse specialist team or Dermatology dept before commencement, SHFT 2020. (Estimate and record the amount required by using 'fingertip unit' measurements.

### **Dressing selection:**

- Consider a bordered silicone foam as a secondary dressing.
- For hypergranulating wounds with higher exudate levels, a more absorbent dressing may be required e.g. Kliniderm Superabsorbent.

Review wound after 3 – 4 days and if hypergranulation persists refer to local nurse specialist team.



### **Sloughy Wounds**

Presentation- Presence of yellow or soft brown/grey devitalised tissue

changes

**Aim -** To rehydrate in order to support process of debridement and the removal of devitalised tissue To provide a clean wound base for granulation

Treatment –primary dressing - low to moderate exudate - IntraSite Conformable or KerraLite Cool or Comfeel Plus or (Medihoney if wound infected) - moderate to high exudate – Exufiber or Suprasorb A

Secondary dressing – low exudate - Gauze and Hydrofilm moderate to high exudate - Zetuvit or Kliniderm Superabsorbent for frequent dressing

<u>Diabetes Foot Ulceration</u> – Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team. Early referral to specialist teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.



### **Necrotic Wounds**

Presentation - The presence of black or yellowish brown devitalised /dead tissue

**Aim** - To rehydrate and 'break down' or soften devitalised tissue To rehydrate tissue and promote debridement

Treatment – Primary dressing – IntraSite Conformable, or Kerralite Cool

If wound is infected

Iodoflex or Medihoney HCS

protect wound edges with LBF barrier film

Secondary dressing – absorbent dressing such as Zetuvit or Kliniderm Superabsorbent

NB: Black, hard, dry necrotic tissue to heels to be left exposed

NB: Dressings will need reviewing daily if high exudate



### **Fungating Wounds**

**Presentation –** discharging lesions/tumour that breaks through the skin surface

Aim - complex wound requiring management of exudate, bleeding, odour and pain

Treatment - Prontosan soak

**Primary dressing –** low to moderate exudate **–Prontosan gel** or **Suprasorb X and PHMB** or **Medihoney HCS** 

**Primary dressing** – moderate to high exudate- **Exufiber** or **Suprasorb X and PHMB** or **Medihoney medical** honey

Secondary dressing –Zetuvit or Kliniderm Superabsorbent

NB: Clinisorb for odour control is essential. Seek advice if bleeding or uncontrolled odour

<u>Diabetes Foot Ulceration</u> – Refer all patients with an active ulcer within 24 hours to your local Diabetes Foot Protection team. Early referral to specialist teams for diabetes management, offloading, debridement and appropriate wound-care, which all are key to achieve the best outcome.

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### **Cavity Wounds**

**Presentation –** A wound which is categorised by its depth and tissue involvement

This wound type may be acute or chronic

#### Aim

- To establish extent and depth of tissue damage
- To achieve management and free drainage of exudate
- To protect the surrounding skin
- To prevent infection or manage infection
- To remove necrosis or slough
- To promote granulation from the base of the wound.

#### Treatment

Treatment is dependent on the position of the wound and the amount of exudate (Dealey 2005). 'Tight' packing is to be avoided, rather layering to fill the wound space, therefore allowing free drainage of exudate

Primary dressing – Cavity fillers e.g. Suprasorb A, Exufiber

If wound is infected Medihoney antibacterial medical honey applied via syringe into the wound bed or Durafiber Ag

Secondary dressing – Mepilex Border Comfort silicone foam for low to moderate exudate

Kliniderm Superabsorbent or Allevyn Life adhesive for moderate to high exudate

#### ALL DRESSINGS APPLIED AND REMOVED FROM A CAVITY WOUND MUST BE RECORDED IN THE PATIENTS NOTES

#### Factors to consider

Rehydration of sloughy wounds may increase the odour and exudate levels Negative pressure closure may be indicated, if wound exudate or depth is significant

There may be undermining with such wounds and this must be measured and documented using an appropriate wound probe Reference: Dealey, C. (2005) The Management of Patients with Acute Wounds. *In: The Care of Wounds*, 3rd edn. Oxford: Blackwell Science

### **APPENDIX 6**

### **Contacts**

NAME	TITLE	TRUST	PHONE NUMBERS	E MAIL
Monique Rosell	Tissue Viability lead (Southampton)		0300 1233947	snhs.tissueviability@nhs.net
Sam Haynes	Community Tissue Viability Nurse (Southampton)	Solent NHS Trust	07584 334963	samantha.haynes1@solent.nhs.uk
Teresa Hall	Tissue Viability Nurse (Southampton)		0300 1233947	snhs.tissueviability@nhs.net
Karen Oakley	Clinical Advisor for Pressure Relief and Tissue Viability (Portsmouth Lead)		07833 435093	karen.oakley@solent.nhs.uk
Maggie Simmonds	Tissue Viability Nurse (Portsmouth)		07876 230720	margaret.simmonds@solent.nhs.uk
Natalie Frisbee	Tissue Viability Nurse (Portsmouth)		07780 620676	natalie.frisbee@solent.nhs.uk
Graham Bowen	Clinical Service Manager	Single Point of Access for Allied Health Professionals Solent NHS Trust Podiatry	0300 3002011	graham.bowen@solent.nhs.uk
Sharon Steele	Podiatry Pathway Lead – At Risk Foot	Solent NHS Trust (East) Podiatry	07810 656019	sharon.steele@solent.nhs.uk
Fran Spratt	Tissue Viability Lead	University Hospital Southampton NHS Foundation Trust	07825 522600	frances.spratt@uhs.nhs.uk
Vicky Newman	Senior Medicines Management Technician	Southampton City (Hampshire and isle of Wight ICB)	07919 014860	victoria.newman2@nhs.net
Lisa Rice	Advanced Clinical Nurse Specialist (Winchester/Andover)		02380 673988 07747 792895	lisa.rice@southernhealth.nhs.uk
Caryn Carr	TV Lead Nurse	Southern Health NHS Foundation Trust Team email:	07789 867790	caryn.carr@southernhealth.nhs.uk
Jane Barker	Advanced Clinical Nurse Specialist	hampshiretvteam@southernhealth.nh s.uk	07740 852241	janebarker@southernhealth.nhs.uk
Clare Hancock	Advanced Clinical Nurse Specialist		02380 673988 07887 985101	clare.hancock@southernhealth.nhs.uk
Denise Woodd	LU Nurse Specialist and Independent Educator	Portsmouth(part-time) (Hampshire and isle of Wight ICB)	07795 822648	denwoodd@gmail.com d.woodd@nhs.net
Jess Gill	Senior Medicines Optimisation Technician	South West Hampshire (Hampshire and isle of Wight ICB)	07557 499646	jessicagill@nhs.net
Pragna Thakrar	Prescribing Support Pharmacy technician	Medicines Optimisation Pharmacy Technician Portsmouth (Hampshire and isle of Wight ICB)	07920817680	pragna.thakrar@nhs.net

## Appendix 7

## Signposting/Useful References

www.woundcarehandbook.com	Catalogue of dressings and devices. Cost £12.99
www.wounds-uk.com	TV issues, conditions, wound types, online learning, Best practice Statements, Consensus Docs, Quick Guides, ongoing resource-free
MIMS	http://www.mims.co.uk/
BNF	https://www.bnf.org/
All woundcare/products companies will have information via their own websites or found by search engine, eg. Google.	
Hampshire ICS website – Medicines Optimisation section with information for Healthcare professionals	Wound Care :: Hampshire and Isle of Wight ICS (hantsiowhealthandcare.org.uk)

**APPENDIX 8 Generic Exception Reporting Form (add organisational logo)** 

# WOUND CARE FORMULARY Exception Reporting Form Mandatory requirement when using wound and skin care products not on formulary. (no patient ID to be seen) This will aid the Formulary Group to ensure the most appropriate products are included in the Formulary and highlight products for evaluation. Your Name, Base, Designation and Contact Details:-Name, type and size of non-formulary product used:-Who was the product initiated/suggested by:- (e.g. GP/hospital ward/community/practice/specialist nurse/company representative):-Name & base of WISH/ANTS Link Nurse/HCP/nurse specialist you discussed this with:-Why has this non-formulary product been chosen: - (+ Description of the wound if a dressing) What products have already been tried and what were the results:-**OUTCOMES AND COMMENTS** STATE outcome of using non-formulary product (please include frequency of use, increase/reduce visits, how long the product was used for, amount used and whether appropriate and successful) Any other comments: i.e. would you use this again, pt experience, other factors e.g. Pain, ease of use, availability, has a formal evaluation been done and fed back, etc.

Please email a <u>copy</u> of this form (no patient data) to your local nurse specialist or prescribing advisor and keep a copy for reference.