

## FOI\_1382\_2023-24 – FOI Request - Guidelines on the Treatment of Insomnia in Adults

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**Does Solent NHS Trust have any local treatment guidelines, pathways, or protocols for treatment of insomnia in adult patients?**

**a) If Yes, please provide a copy.  
Yes. Please see attached.**

Solent NHS Trust utilises the guidelines, pathways and protocols provided by Oxford Health NHS Foundation. We request that you contact them direct for a copy of this document, as Solent NHS Trust is not the owner of this document.