

FOI_1332_2023-24 – FOI Request Concerning – Menstruation Information

I would like to request the following information under the Freedom of Information Act

1. Copies of your trust’s observations policy, including equality impact assessment/analysis (please state if no EIA has been completed).

Policies are available on Solent NHS website - <https://www.solent.nhs.uk/about-us/trust-information/publication-scheme/our-policies-and-procedures/>

2. Copies of policies and documents pertaining to banned or restricted items (eg restrictions policies, banned items lists, room and possession search policies) Please include any equality impact assessments relating to banned items where available, please state if no EIA has been completed).

N/A

3. Does your trust permit hot water bottles on the wards (this may vary between wards)

Yes

4. Does your trust permit tampons on the wards (this may vary between wards).

Yes

5. Please describe ward bedroom and bathroom setup for the mental health wards under your trust. (For example “ward A has 20 beds, all are en-suite with one accessible bathroom; ward B has 10 beds, there are 2 single-sex shared bathrooms and 2 en-suite female rooms”).

All 30 bedrooms have en suites.

6. Please describe the bathroom access for all seclusion suites and 136/health based places of safety. (eg “seclusion room 1 has en suite access, seclusion room 2 has toilet access but this is separate to the main room so in some circumstances patient may not have free access”).

Seclusions and POS have en suite

5. Please provide copies of any ward posters or patient information about where to access menstrual products. Please state if your trust does not have any such posters or printed information.

N/A

7. Please provide information relating to access to bins in ward bathrooms. This may be covered in waste policies, if so please provide the policy and any associated equality impact assessment or state if this has not been undertaken. Please also provide details (eg “ward A has sanitary bins in all bathrooms; ward B has no bins in en suite bathrooms but has a sanitary bin in 1 female shared bathroom; ward C has no bathroom bins; ward D has cardboard bins available”) - you may have other documents related to this question such as ward environment policies or procurement documents. If so please provide these.

Bins available in en suites

8. Please provide copies of any policies relating to supporting patients when menstruating (or policies which discuss this matter) for example guidance for staff on supporting patients who are menstruating.

N/A

8. Do you provide menstrual products for patients on your wards? If so please explain the processes or provide relevant documents discussing this. For example, do wards purchase these through petty cash or are they ordered through the NHS supply chain? If available please provide ordering sheets for menstrual products over the past 1 year.

Yes we provide products.

We do not have copies of order forms to provide.

9. Please provide copies of any documents relating to patient engagement/discussion around menstruation - for example community minute notes where period products, bins or privacy when on periods are discussed.

N/A

10. Please provide copies of weight restoration or weight management policies related to inpatient eating disorder services within your trust (if this service is provided).

Your policies may have different names

N/A As Solent NHS do not offer a inpatient eating disorder service