

FOI_1273_2023-24 – FOI Request Concerning – Speech and Language Therapy for Children and Young People who Stammer

1. Do you have a specialist dysfluency therapist or dedicated dysfluency pathway?

Yes

2. If so, how many therapists are there and what is the process for being put on the dysfluency pathway?

All therapists are trained / supported to deliver Initial Assessments for dysfluency. Children are triaged and allocated to the Stammering pathway. They are then seen by a member of staff with the relevant skills / competencies to treat.

East Hants: 4 therapists (3 Lidcombe trained, 3 Palin PCI trained, 3 Palin Family Communication Skills Therapy trained)

Southampton: 6 therapists (6 Lidcombe trained, 3 Palin PCI trained, 1 Palin FCST trained)

North Hants: 3 therapists (3 Lidcombe trained, 1 Palin PCI trained, 1 Palin FCST trained)

SW Hants: 4 therapists (4 Lidcombe trained, 2 Palin PCI trained, 1 Palin FCST)

3. What types of therapy approaches do your speech and language therapy service offer to children and young people who stammer?

Palin Parent-Child Interaction, Therapy, Palin Family Communication Skills Therapy, Bespoke Therapy, Lidcombe Programme, Group therapy.

4. What is the average waiting time for children and young people who stammer who are referred to the SLT service?

East Hants: 14 weeks

Southampton: 6 weeks

North Hants: 26 weeks (pre-school) and 21 weeks (school-aged)

SW Hants: 37 weeks (school aged) - an appt has been offered for August – and 22 weeks (pre-school aged) The longest wait for preschool age initial assessment is 22 weeks.

5. What is the average period/block of intervention for children and young people who stammer accessing your service? (e.g., once a week for six weeks)

PCI 4-6 weekly or fortnightly sessions plus 1 review session, Lidcombe 11 weekly or fortnightly sessions (but can be up to 18 sessions in some cases), FCST/Bespoke 4-6 weekly or fortnightly sessions plus 1 review session (plus termly group in S. City), Group Therapy -6 weekly or fortnightly sessions plus 1 review session.

6. Which Integrated Care System are your speech and language therapy services in?

Hampshire & Isle of Wight ICS