

FOI_1178_2023-24 – FOI Request Concerning – NHS Mental Health Services (Further Query)

Please provide the number of people waiting 3 months, 6 months, 12 months, and more than 12 months on the first of every month starting from November 2018 for diagnosis and treatment waiting lists for CAMHS and adult mental health services.

Data Snapshot

15/06/23

Talking Change Service Waiting Lists	No. on waiting list	How long patients have been waiting				
		less than 3 months	3 months	6 months	12 months	12 months +
Counselling wait List	47	45	2			
Step 2 LTC generic	1	1				
Step 2 LTC Telephone Face to Face	3	3				
Guided Self Help	18	18				
Groups	16	16				
Silvercloud	21	21				
LTC	7	7				
CFT	19	12	7			
ACT	9	7	2			
CBT	91	81	10			
IPT	1		1			
Couples	6 (3 couples)	6				
EMDR	22	21	1			