

## **FOI\_0674\_21/22 – FOI Request Concerning – RTT Waiting Time**

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Solent NHS Trust can confirm that our CBT pathways are not subject to RTT rules as these are not consultant led, so we are therefore unable to answer the below questions.

- 1. Please provide the mean RTT waiting time in weeks for people under the age of 18 accessing Cognitive Behavioural Therapy (CBT).**
- 2. If this could be narrowed down to CBT for depression and anxiety then that would be preferable, but if this is not possible then please provide the information for any CBT.**
- 3. Please do this for the current or most recent data that you have for this.**