

Swallow Resource Pack

Mouth Care

As described in [Feeding Safely Routines](#), excellent mouth care is essential for all residents, including those with dysphagia. It can be difficult to carry out mouth care with a person with dysphagia and this aspect of care can be neglected for this reason.

Please adhere to your local mouth care guidance and refer your resident to a Dentist when necessary.

Additional supportive information can be found in the following resources:

1. NHS Health Education England Mouth Care Matters

<https://mouthcarematters.hee.nhs.uk/>

This resource includes toolkits, factsheets and videos to support mouth care.

2. All Wales Mouth Care Special Interest Group

<http://www.sigwales.org/wp-content/uploads/dysphagia-adult-mouthcare-booklet3.pdf>

This is a resource giving information specifically to support mouth care for adults with swallowing difficulties.