

Covid-19 Vaccinations

Getting a Covid-19 vaccination

	<p>Covid-19 (also called Coronavirus) is a disease that can make you very unwell.</p>
	<p>You can have a vaccine that can help protect you from Covid-19. The vaccine is given through an injection. You will have to have an injections on two different days.</p>
	<p>When it is your turn to have the Covid-19 vaccination, the NHS will send you a letter. The letter will ask you if you want to have the vaccination.</p>
	<p>If you want the vaccination you will need to book online or by telephone. You must do this within 3 weeks of getting your letter. You can ask someone to help you with this.</p>
	<p>When you book your vaccination, you will book a time for your first and second injections. Your second injection needs to be given within 12 weeks of your first injection.</p>
	<p>The vaccination takes about 5 minutes. If you think you might need longer, or need someone to support you, say this when you book your vaccinations.</p>
	<p>When you have booked your vaccinations, you will get a confirmation telling you where to go. Keep this safe and take it to your appointment.</p>



Consent - giving your permission

	Before your vaccination appointment, you will need to fill in a consent form. You can ask someone to help you with this.
	The form will ask questions about your health and if you are allergic to anything. This is to check the vaccination is safe for you.
	You will be asked to sign the consent form to show you are happy to have the injection.

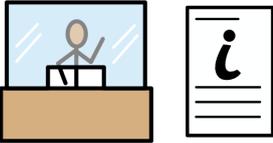
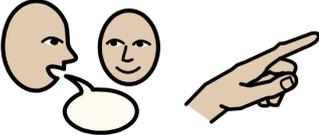
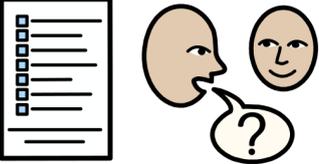


Getting ready for your vaccination

 	<p>The injection goes into the top of your arm. Wear a short sleeved top so it is easy to see the top of your arm.</p> <p>Wear a warm coat too as you may need to wait outside for your injection.</p>
    	<p>Before you leave home remember to take these with you:</p> <ul style="list-style-type: none"> • A face covering (unless you are exempt from wearing one) • Your date of birth and your address. You can write these down. • Photograph ID like a passport or bus pass • Your NHS Number • Your consent form • Your appointment booking confirmation



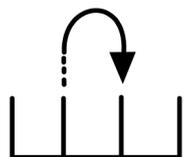
What happens at the vaccination centre

	<p>Get to your appointment at the right time.</p> <p>There will be people at the vaccination center who can help you. They will tell you where to wait. If you are unsure, show them your booking confirmation.</p>
	<p>You will probably be asked to join a queue. Stay 2 meters away from people. Wear your face covering until you go home.</p>
	<p>You might see security guards at the door. They are there to keep everyone safe.</p>
	<p>You might be asked to sanitise your hands.</p>
	<p>When it is your turn to go in, someone will tell you to go to the check in desk. They will ask for your name, date of birth and NHS number. They might want to see your booking confirmation.</p>
	<p>The people at the check in desk will tell you when you can go inside. You might need to join another queue.</p>
	<p>The vaccination centre might be noisy. If you have something that helps you, like headphones, bring these with you.</p>
	<p>Before you have your vaccination, someone will check your consent form. They will give it back to you.</p> <p>They will ask questions about your health to make sure you are safe to have the injection. This won't take long.</p>
	<p>You will be asked to join a queue for the room where the vaccinations happen. Remember to follow the one way system, there will be signs to show you the way.</p>



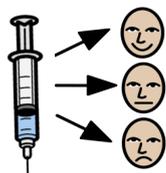
Having your vaccination

	<p>You will be asked to come and sit down in the vaccination room.</p>
	<p>They will ask your name and date of birth again. They will take your consent form. Someone will put your details into a computer so your doctor knows you have had the vaccination.</p>
	<p>A nurse or doctor will get the injection ready while you get your arm out.</p>
	<p>The injection will be put into your arm. It is very small and it does not hurt.</p>



After your vaccination

	<p>When you have had the vaccination, you will be asked to leave the vaccination room. Follow the signs that show which way to go.</p>
	<p>You may have to wait for a little while afterwards, there will be a room for you to sit in.</p>
	<p>Someone will tell you when you can leave the vaccination center. Remember to wash or sanitise your hands as soon as you can after leaving.</p>



Side effects - how you might feel afterwards

	<p>Some people feel tired and achy after their vaccination.</p>
	<p>Some people get a headache.</p>
	<p>Your arm might be a bit sore the day after your injection.</p>
	<p>If you feel very unwell after your injection, tell someone you know.</p>

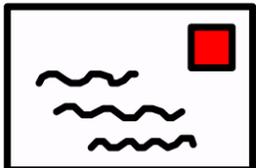


Things to remember

	<p>The vaccination is free. The NHS will never ask you for your bank details.</p>
	<p>The Covid-19 vaccinations can't give you Coronavirus. It can take 2 weeks before you are protected from getting coronavirus.</p>
	<p>It is important you go back for your second injection. This makes sure the vaccination can carry on protecting you.</p>
	<p>The Covid-19 vaccination will help protect you from getting coronavirus but it might not stop you carrying it and giving it to other people.</p>
	<p>It is still very important you follow the rules after your vaccination. Wash your hands, wear a face covering and keep your distance.</p>

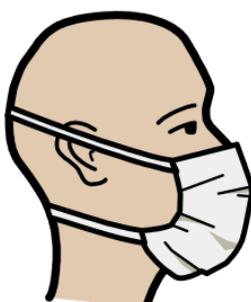


What will happen - a reminder

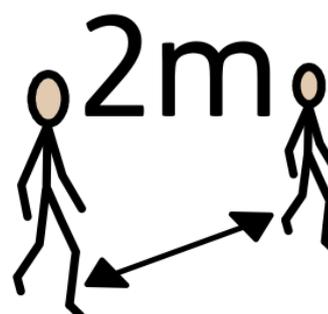
	<p>You receive your letter from the NHS.</p>
	<p>You book your appointments within 3 weeks of getting your letter.</p>
<p>1st</p> 	<p>You have your first injection.</p>
<p>2nd</p> 	<p>You have your second injection (no more than 12 weeks after your first injection).</p>



Hands



Face



Space