

Solent NHS Trust
Children's and Young Person's Continence Service
Care Pathway for Day Wetting

Pre Visit

- Nursing triage of all referrals completed Children's Continence Nurse Specialist
- Appointment letter sent to parent/guardian
- Include charts for child & family to record information regarding symptoms which will support development of care plan

Initial Appointment 1 hour - Initial Appointment (1 Hour)

- Detailed Bladder Bowel assessment history taken, including height & weight as baseline
- Urine dipstick if required
- Review completed information from family
- Give relevant information and advice to support and educate parents/

Criteria for direct referral to Paediatrician, See in joint paediatrician/nurse clinic

- History of repeated UTI's x 2
- Blood in Urine

Follow – up appointment (½ hour) within 8 weeks

- Review progress with plan and any further information gathered/available
- Provide revised plan for child and family to follow before next appointment
- Commence anticholinergic treatment if appropriate

Telephone call within 4 weeks if medication commenced
See in clinic in 3 months

- Follow up in Nurse Clinics or telephone consultation as appropriate
- Review on-going charting
- Discharge when dry with appropriate advice
- If no progress further appointments in Doctor Clinic
- Repeat bladder scan every 6 months or as required

- Review progress
- Access any further information gathered/available
- Provide revised plan for child and family to follow before next appointment
- Bladder scan
- Commence medication treatment if required and review medication as appropriate

- If non-compliant with treatment consider discharge