



Patient Consent to Hydrotherapy Care and Treatment

Welcome to our Hydrotherapy Department

As part of your treatment we are aware that you may require assistance with dressing before and after your hydrotherapy session. It may also be the case that your therapist needs to adopt certain positions or hands on treatment with you in the pool which you may find uncomfortable or embarrassing.

If you are uncomfortable with this then it is your right to decline your consent, or to request a chaperone on the poolside whilst you are in our care.

Solent NHS Trust has a strict policy on gaining consent before examination and treatment and we will always ask your consent before we assist you or give you treatment.

If you do request a chaperone during your care with us we will endeavour to provide this at the time of asking if we are able to. If our staffing levels / mix will not allow us to provide a chaperone we will work with you to reschedule your appointment so your request can be met.

Many thanks

The Hydrotherapy Team