‘Our Plan’
Our priorities for the year

Pioneering foot care
Patient’s dramatic results

Speaking out
On abuse

Southampton Healthy Ambition
Our new service for 5-19 year olds  Page 5
Welcome from Sue Harriman, Chief Executive

I am delighted to welcome you to the summer edition of Shine.

2015 has been a hectic year so far, but I am optimistic we are making positive progress in taking control of our finances and continuing to provide high quality health care. In this issue, we share with you our plans for the year and how we aim to keep on track and achieve them (see pages 6 and 7).

As always, there’s plenty of interesting news stories. On page 11 you can find out about a pioneering foot treatment and the dramatic results it has had for one of our patients with diabetes.

You can also find out about how our inpatient rehabilitation patients at Oakdene are learning new skills and hobbies, thanks to our new Activity Coordinator – and if you ever wondered what the typical working day is like for a Podiatric Consultant Surgeon then turn to page 12 and read on.

For staff

In recent months I have been visiting services and speaking to staff to find out what it’s like working on the frontline. These visits included Adult Services in Southampton and Portsmouth, Adult Mental Health services and the Crisis Resolution Team.

I can wholeheartedly say that I am impressed by the enthusiasm and commitment shown by all of you. I can see that staff are working hard and the demands for our services are growing. I thank you all for going that extra mile every day. I have seen the difference you make to people’s lives and it’s to be commended.

Likewise, I am delighted with the response to my email chat and ‘Break the Ice’ drop in sessions for staff. Thanks to everyone who has participated so far. It’s useful to hear for myself what’s going on and what really matters to you as staff. If you work for Solent and have any questions or concerns, you can email me anonymously at asksue@solent.nhs.uk and I shall reply to you.

For governors and members

Thanks to all our members who responded to our members’ survey in January. I am delighted with the response, letting us know the matters that concern you and how you want us to move forward with our membership programme. Find out more about this and our Members’ Safeguarding Event held in March on page 8.

Sue Harriman
Chief Executive

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Apprenticeship Week

As part of Apprenticeship Week in March, we attended an employability fair and community events at Oasis Academy and Taunton’s College in Southampton.

Our Learning and Development team talked to young people about the Trust’s apprenticeship scheme, which allows young people aged between 16 – 24 to learn whilst they work.

We currently have apprentices in post in clinical and non-clinical positions such as reception and research, and they are a valuable asset to their teams.

Hiring an apprentice is a brilliant way to build our teams and help someone build a bright future at Solent. We retain 80% of our apprentices and find them full time positions within the Trust.

If you are considering hiring an apprentice or know someone interested in doing an apprenticeship contact Nicky White nic.white@solent.nhs.uk or Glynis.fortes@solent.nhs.uk for further details.

Flu update

Solent takes protecting our staff and patients against flu very seriously. We are pleased to announce, therefore, that our staff flu vaccination uptake this year of 59% was above the national average 54%.

It only takes one person to spread flu. Don’t let that be you! Our results are in!

Stamping out Stress

Our Talking Change service held a ‘Stamp out Stress’ event at the Guildhall, Portsmouth in March. Topics included how to become more confident and kind to yourself and problem solving.

The event was very well attended and the team taught them some valuable tools to help them overcome stress.

Talking Change is an NHS service in Portsmouth, which helps reduce stress.

Government visit

During February Norman Lamb, former Minister of State for Health, visited The Orchards, part of our Adult Mental Health Services to talk with staff about the services and care we provide to people suffering from mental health issues.
The launch of Better Care on 1 April 2015 marks the start of a significant change to the provision of health and social care services. It’s important that everyone who works in health and social care understands what is happening and what the changes could mean.

Better Care joins up local NHS clinical commissioning group and local authority funding for social care and health so services can be planned together. The aim is to meet people’s needs earlier and more effectively by working together across health and social care, so patients and service users are supported to stay well and live independently at home for longer.

Reducing demand on pressured acute NHS services is an important element of Better Care, and each local Better Care plan has a clear aim to reduce unplanned hospital admissions.

In Portsmouth and Southampton, our local Better Care plans are helping to ensure closer working between a large number of organisations, including commissioners, providers, voluntary sector organisations and independent care providers, such as care homes and agencies. Over time this joined up approach should improve the way all local health and care services are delivered.

The changes have already started to happen. Community adult social care teams and Solent NHS Trust’s community health teams are amongst the first to integrate in Portsmouth. Working with the people who use the service, staff from these areas will be involved in planning how they can most effectively work together, using common assessments and under one combined management structure.

We are pleased to tell you that we have launched a new and improved website for our Hampshire and Isle of Wight Sexual Assault Referral Centre (SARC), also known as the Treetops Centre.

This website can be found here www.solent.nhs.uk/treetops.

On the new website, you can find information about what the service does, how to get help and information for professionals and referrers.

The Treetops Centre provides a supportive environment for victims of sexual assault or rape. The specially trained female crisis workers will be available from the moment a person contacts the service. They can provide emotional support and will clearly explain all the options available.

The service also provides signposting to other useful services, information on reporting the assault to the police and forensics, and medical examinations by a specialist doctor. The service also provides a young person’s Independent Sexual Violence Advisor (ISVA). However, most of all, the service provides a supportive, caring environment where people can talk freely, knowing they are being listened to.

If you have any feedback on the website, please email communications@solent.nhs.uk

If you would like to contact the service, as a member of the public or health professional please call 0239 221 0352.
We are delighted to have been selected to run Southampton’s Public Health Nursing Service for 5-19 year olds, in partnership with No Limits, following a recent tender process.

The new service, Southampton Healthy Ambition, marks the beginning of more joined up working with other organisations, to meet the needs of today’s children and young people so they get the right help at the right time.

Under the new service, our school nurses will team up with staff from No Limits, who are all experts in young person’s issues, to help every Southampton child and young person throughout their time at school and college. By identifying any health needs which may affect their ability to learn, the team can help them benefit fully from their education and reach their full potential. The new partnership changes are also in place to address the rise in stress and anxiety in young people.

Southampton Healthy Ambition replaces the previous School Nursing Service, which offered services to children up to the age of 16. It will work 52 weeks of the year with children and young people in and outside education, including those who are home educated, not in regular education or who would prefer to see a professional in their own community rather than in their school or college.

Every school and college in Southampton, including specialist schools, have a named school nurse and all GP practices in Southampton will be supported by a named practitioner to help them look after the health and wellbeing of young people and their families.
Our Plan
2015/16

Each year we publish a business plan which says what the Trust will focus on in the next 12 months and the steps we will take to achieve them. Our Plan is shared with service users, staff, commissioners and our partners. By delivering Our Plan we make sure that our service users continue to receive safe, high quality and joined up care. We will also ensure we remain a strong and sustainable organisation that commissioners and other care providers want to work with.

The year ahead
2015/16 will be a challenging and exciting year. Like other health care providers, we face the challenge of continuing to provide safe and effective services whilst managing within the resources we have available to us. At the same time, we must increase the pace of change, working with commissioners and other care providers, to develop services and deliver care that is joined up and delivered when and where it is needed.
This year we will also complete the upgrade of our IT system, install a new clinical records system and move forward on co-locating our services into fewer, better equipped buildings. All of these improvements will support our goal to deliver high quality, joined up care.

Our priorities
We have grouped our 2015/16 priorities into six areas:

Our service users
Everything we do is focused on ensuring that service users receive the best care possible.
In 2015/16 we will focus on:
• ensuring our service users continue to receive safe care, and can achieve the best outcomes
• involving service users and their carers in decisions, listening to their feedback and improving services to meet their needs
• providing services that are easy to access
• ensuring services are well led, maintaining strong quality governance.

Our staff
Maintaining a strong, highly skilled and happy workforce is essential to the delivery of high quality care.
In 2015/16 we will focus on:
• making sure that our staff have the right skills and support to do their job well, are prepared for future roles and that our recruitment is based on the values we hold as a trust
• developing our leaders
• ensuring our staff are valued members of the team, who can actively contribute to service improvements and be recognised for their loyalty and commitment
• making sure our staff know how to raise concerns with the confidence that they will be supported
• having strong clinical management teams with effective business support, allowing more decisions to be made closer to front-line services
• enhancing performance excellence, appraisal and revalidation.
Our services
Providing high quality community and mental health services that are joined up with other care providers is essential to maintaining a strong local health system.

In 2015/16, we will focus on:
• working with our partners to deliver joined up care for service users by bringing health and social care services together and working closer with GPs
• working with our partners to reduce the number of people admitted to hospital who could be cared for at home.

Our business
Making sure that our organisation is well-managed and that we work effectively with other care providers and the commissioners who buy services on your behalf.

In 2015/16, we will focus on:
• successfully delivering our ambitious change programmes and showing the benefits they bring to service users and staff
• delivering our 2015/16 financial plan and making sure we are confident that we can also deliver our 2016/17 plan
• working positively with other providers and commissioners in order to deliver improvements in patient care.

Our infrastructure
Transforming our systems and processes to make it easier to improve the delivery of services.

In 2015/16 we will focus on:
• upgrading our IT system and establishing a new clinical records system that improves service delivery and releases more staff time to spend caring for patients
• working with partner organisations to streamline working practices through shared facilities, functions and resources
• running our estate more efficiently by operating from fewer buildings and locating services together where it makes sense to do so.

Our future
Having a clear plan for the future that ensures Solent NHS Trust continues to play an important role in the local health system.

In 2015/16, we will focus on:
• working with staff and partners to refresh our five year strategy to provide a clear direction for our future.

Next steps
We will shortly publish our summary business plan, called ‘Our Plan’. This will describe the work we will undertake to deliver the priorities we have identified and how we will measure if our plans have been successful.

You can read Our Plan via our website www.solent.nhs.uk
Speak out and make a difference

Our members’ Health and Mind event

We are all aware of the upsetting and worrying high profile cases in the media, which tell distressing stories of children, young people and vulnerable adults at risk.

Solent NHS Trust takes safeguarding very seriously. Our safeguarding teams work hard to raise awareness, train and advise staff to prevent abuse happening.

So we recently held a Safeguarding Event in March for members and staff to discuss:
- what is abuse and what to do if you see it
- what we do at Solent to prevent it
- keeping you safe at home e.g. fire safety, online abuse and threatening behaviour.

Linda Jenkins, Named Nurse Safeguarding Children, gave an overview of the Safeguarding Team’s role in training and supporting our staff in working with families and with any worries they have for any children and young people.

Linda also answered questions, which you can find on the membership pages of the website.

Fran Williams, Consultant Nurse, showed a video which highlighted various examples of adult abuse. The emphasis was on how speaking out can make a difference and improve lives for those affected. She also outlined the main implications of the Care Act.

Fire hazards

Statistically people over the age of 65 are twice as likely to die in a fire. The risk also increases if you drink, smoke, or have a physical impairment or learning disability.

Paul Francis of Hampshire Fire and Rescue rounded off the evening by discussing how the fire services can help make vulnerable people safer at home through their free home visits.

To find out more about referring somebody you are worried about visit www.hantsfire.gov.uk.

It is ALWAYS right to act on any worry you have

All Solent staff are trained to SPEAK OUT and to take action and the safeguarding teams support them in this.
Governor’s message

by Dave Lickman, Governor for Southampton

In the time that I have been with Solent NHS Trust, I have been impressed with the openness of all those involved and the efforts that have been made to improve all services.

I have been on inspections of all the Trust hospitals in both the Southampton and Portsmouth areas. I am especially interested in the care of the elderly and mental health.

During these inspections, I have been very impressed with the staff preparing the food for the Southampton patients as they go to great lengths to please everyone, with the quality and presentation being excellent.

I have raised various issues with the Trust that need attention and these have always been dealt with satisfactorily.

I hope that all members have the confidence to contact their governors with their questions knowing we will answer them.

Remember you can contact your governor/s with your questions by emailing them.

Visit the membership pages of our website for your governor’s contact details or e-mail your question to the membership team at membership@solent.nhs.uk

One of the biggest lessons for us to learn from this survey is that many of you want the opportunity to become more involved and to share your opinions more.

Membership survey

What you told us

When we asked you to tell us the topics you would like us to cover at future Health and Mind Events, the results were as follows:
- Health promotion in general such as quitting smoking and nutrition.
- Changes to the NHS.
- Solent’s future plans.

What we are doing

As a result, we will be holding an event in the summer which will be hosted by our Chief Executive, Sue Harriman, and our Director of Strategy, Sarah Austin. This unique event will focus on the future plans for Solent and our services, the local NHS landscape and changes in the NHS nationally and changes specifically affecting Solent and its services. There will also be events on health promotion, covering topics such as nutrition and diet, smoking, and getting more active.

You said Eighty one percent of the respondents said that they would be interested in attending future Health and Mind Events. Then 27% of respondents said that they would be interested in attending our Annual General Meeting (AGM). If this is an area which members are interested in, we could consider doing a summary following each AGM to include in the members’ update email.

We did Invitations to all events, including board meetings and the AGM will be sent to all members.

You said A very large number of you told us you would like to be involved in regular focus groups and surveys.

We did The membership team is working on a plan for the year which will involve focus groups, surveys and events.

You said A number of respondents also said that you would be very interested in coming along to a coffee morning with your local Governor.

We did The Membership Team is in the process of organising monthly coffee mornings across Hampshire. These are now in progress. Our next one is on 22 June 11am-1pm at Adelaide Health Centre in Southampton. We will send out invitations to all Southampton members shortly to invite them to meet their governor, ask any questions they may have and to share their views on our services.

When we asked you to tell us the topics you would like us to cover at future Health and Mind Events, the results were as follows:
- Health promotion in general such as quitting smoking and nutrition.
- Changes to the NHS.
- Solent’s future plans.
Patients at Oakdene, our Adult Mental Health (AMH) Rehabilitation in-patient unit are learning new skills thanks to their new Activity Coordinator, Lorraine Malone (pictured above).

Introducing mental health service users to hobbies restores confidence and supports them as part of their recovery back into the community.

These new activities include furniture restoration, sewing, art and crafts and gardening!

Patients who once said they had a lack of regular activity are now full of praise.

“Repairing the furniture is something positive in the humdrum and mundane of hospital life. You have to be doing something rather than being preoccupied with the things that are troubling you,” says one service user.

Lorraine meets patients individually and in group sessions to understand how they are affected by their mental health and find suitable interests for them.

She says her work has helped them to forget their worries and had a positive impact on their recovery.

“Individuals have reported more confidence in doing things independently and have developed new skills and interests they can continue with when they are discharged from Oakdene.”

Oakdene is a 14 bed inpatient unit in Southsea, Portsmouth. It helps patients who experience mental health problems to recover by giving them hope and encouraging them to take control of their lives.
Diabetes foot care brings dramatic results

A diabetic patient, who faced having a toe amputated, will soon be back on his feet thanks to a pioneering new treatment trialled by our Trust.

William Hutchinson of Havant, (in photo below), agreed to undergo the trial when he was referred to our specialist Podiatry Team at St James’ Hospital following 13 months of conventional treatment for ulcers on both feet.

For him the results of the new TCC-EZ (Total Contact Casting) technology were dramatic.

“I was absolutely amazed. After 12 weeks I’ve virtually healed and I’m looking forward to getting out walking again – which is my big love. I’m pretty close to getting to that point now, which is just amazing,” he said.

The new roll-on cast works by minimising pressure and friction as it redistributes weight away from the wound helping to reduce the healing process and the risk of infection.

“Patients who have been seen for many months with little improvement are now healing, in some cases, within eight weeks, which is absolutely fantastic,” said Emily Sambrook, Podiatrist Advanced Practitioner at Solent NHS Trust.

Visit [www.youtube.com](http://www.youtube.com) and search ‘The TCC-EZ – Helping More People Heal Faster’ to see Mr Hutchinson’s journey.
What is your profession?
I trained as a general Podiatrist before undertaking my Fellowship in Podiatric Surgery. Currently I am a Consultant Podiatric Surgeon.

What do you do?
The majority of work is leading the Podiatric Surgery service, which offers corrective foot surgery to patients with a range of problems and includes everything from joint replacements to bunion correction.

Describe your typical day
Typically, I get to the hospital by 7.30am and if there’s a theatre list I review the cases with the anaesthetist and the team to check everything is in order. A typical list involves three or four cases, each taking about an hour. Following each, a report and GP letter are done. All being well, I then dash to outpatient in another hospital where I meet the team of podiatrists and review any x-rays or scans they are looking at. The clinic runs four streams of patients in parallel so I move around to help each reach a diagnosis and make a treatment plan. The afternoon is great fun, dynamic and a terrific learning environment for all of us.

What do you like most about your job?
I totally love operating because surgery is totally absorbing and never routine. It allows me to fix things that are a major problem for my patients.

Do you have any plans for the future?
I have a couple of trainees coming through and look forward to seeing them develop, taking more responsibility as the service expands.

If you could take one thing to a desert island what would you take and why?
There can be only one thing – a fishing rod – then I could avoid starvation.

Governors’ coffee morning
Thanks to everyone who joined us at our coffee mornings in April and May. Our next one is on 22 June 11am-1pm at Adelaide Health Centre. Email membership@solent.nhs.uk or ring 023 8060 8889 if you want to come along.

Prefer to receive this newsletter by email?
Contact the membership team with your email at membership@solent.nhs.uk Telephone: 023 8060 8889
Improving patient safety

As a Trust, we are signed up to a safety improvement plan for the next three years.

We aim to improve patient safety throughout the Trust and will focus on the following key areas to reduce avoidable harm by a half.

- to reduce the number of avoidable pressure ulcers in our care by at least 50% within three years
- to reduce avoidable harm by early recognition of the deteriorating patient in our care by at least 50% within three years
- to reduce avoidable harm from poor communication at critical transfer points in the patient journey within three years

The Trust is aware of the importance of patient safety through leadership in order to drive the aims of the improvement plan for the future care of patients.

The lead for the safety improvement plan is Clinical Risk Manager, Elaine Peachey.

More information will follow as the project progresses or you can contact her by emailing Elaine.Peachey@solent.nhs.uk.

Staff Survey...

The annual national Staff Survey ran throughout September, October and November 2014.

Thank you to all staff who completed the survey. Our overall response rate was 48.4%.

This data shows what has improved at Solent as a place to work and what we need to get better at.

Staff can find results on the HR section of the intranet. For details contact Tina King at Tina.King@solent.nhs.uk.

Our Board to Floor visits

What they do
During our monthly Board to Floor walkabouts the Executive team speaks to staff and patients.

A follow up report is prepared highlighting any key issues in relation to safety and quality. The service then implements an action plan to mitigate these risks which are monitored internally.

Who goes?
The walkabout team consists of a member of the Executive team, a non executive director and a member of our Quality and Risk team.

What are the benefits?
- The walkabouts give the Executive team an opportunity to speak to frontline service staff and hear what’s going well or flag up any issues
- we can share good practice
- gives our Executive team the opportunity to speak to patients
- opportunity for patients to speak to leaders of the organisation and tell them about the good work of our staff
- helps improve our services for both staff and patients.

Here are examples of some of the action we are currently taking forward following recent walkabouts.

<table>
<thead>
<tr>
<th>Identified issues</th>
<th>What we’re doing…</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slow inefficient process in Single Point of Access referrals to our Community Nursing Team in Portsmouth.</td>
<td>Work commenced to consider developing a single template for referrals to all Adults Services so that referrers only have to provide information once.</td>
</tr>
<tr>
<td>The opportunity to develop our Solent Recovery College processes for mental health patients to service users in other services.</td>
<td>Our forthcoming volunteer strategy will consider using the college’s method of using volunteers with experience of a condition to provide peer support to patients in other services.</td>
</tr>
</tbody>
</table>
Staff dressed up and baked cakes for this year’s Comic Relief Red Nose Day in March. The Data Assurance Team and Musculoskeletal (MSK) reception staff at Adelaide Health Centre organised cake sales, raising a total of £326.

Meanwhile red was the colour of choice when St Mary’s Community Health Campus Outpatient Physiotherapy department raided their wardrobes and wore something red. Thanks to their fashionable efforts, creative hairstyles, and baking skills they raised £50 for the cause.

“We all felt it is a great charity as it supports home and away charities and the home ones are often very local, so we like to think we have supported people in Portsmouth.”

Deborah Bullen, Occupational Health Physiotherapist

Staff at Adelaide Health Centre helped organise a party night for over 450 guests in aid of Cancer Research UK. The ‘Let’s Groove Tonight’ event, which featured a live band, London DJ and Michael Jackson tribute act raised over £11,000 for the charity.

They plan to hold another event in September 2015. Visit www.justgiving.com/Deborah-Talliadoros

CONGRATULATIONS

Congratulations to Dr Lindsey Cherry, NHR (National Institute for Health Research) Clinical Lecturer in Podiatric Rheumatology, for successfully completing the Blacklight Run with her colleagues.

Dr Cherry and company pulled on their trainers in aid of Arthritis Research UK to tackle the run which took place under the cover of darkness in Southsea, Portsmouth last month.

It was a bright affair as they made their way around the five kilometre route.

Visit www.justgiving.com/Blacklight to donate.

Like to feedback on our newsletter?

Please feel free to tell us which articles you like or don’t find useful or the topics you would find useful by emailing membership@solent.nhs.uk.

At the Board

Our monthly Board meetings are open to the public to attend. Visit www.solent.nhs.uk for dates.
WOW Awards
Recognising our staff

Here are the latest staff to win a certificate for providing excellent patient or customer service and making a difference at work.

Well done to everyone!

WOW! awards:

- **Jules Matthews**, Dental, Royal South Hants (RSH)
- **Lynsey Lewis**, Child and Family, RSH
- **Charlie Martin**, Nursing and Patient Experience, Adelaide Health Centre (AHC)
- **Caroline Harrison**, Occupational Therapy, RSH
- **Michelle McInnes**, Jigsaw, Millbrook
- **Carla Roadnight**, The Harbour School, Milton
- **Adult Mental Health Inpatient Services**, The Orchards, St James’ Hospital (SJH)
- **Adam Levy-Benchetton**, Finance, AHC
- **Karen Cahill**, Human Resources, AHC
- **Mandy Mayes**, Sexual Health East, St Mary’s Hospital
- **Wendy Maxwell**, Musculoskeletal Services (MSK), AHC
- **Julie Folan**, MSK Services, AHC
- **Frances French**, MSK Services, AHC
- **Carol Martin**, Dental Service, Brambllys Grange Dental Clinic, Basingstoke
- **Simon Mkwananzi**, Learning Difficulties, Hamilton House, SJH
- **Jane Flamson**, Learning Difficulties, Kestrel Centre, SJH
- **Valerie Shrub**, Child and Family, Ashurst Family Centre
- **Stella Baldwin**, Kestrel Centre, SJH

You may also wish to nominate a member of our staff for Best of Health Awards 2015

See back page for details and start nominating now!
Member get member

Ask your family and friends to become members today!

Please encourage people you know to become a member of Solent NHS Trust. They will get a copy of this newsletter and have an even bigger say about local health services. Members can attend events, take part in questionnaires and focus groups.

Find more information online at www.solent.nhs.uk/membership or call 023 8060 8889.

To sign up today, please complete the short form below and pop in an envelope back to us at:
Freepost RSRU-ARZH-ACBZ, Membership Team, Solent NHS Trust, Adelaide Health Centre, William Macleod Way, Southampton, SO16 4XE

*Title: __________ *Full name: ______________________________ *Address: __________________________________________________________

___________________________________________________________ *Postcode: ______________

*Date of birth: __________ Telephone: ______________________ Email: ________________________________

Ethnicity (please circle):
White British/ White Irish/ White Other/ White and Black Caribbean/ White and Black African/ White and Asian/ Mixed Other/ Chinese/ Indian/ Bangladeshi/ Pakistani/ Asian or Asian British Other/ Caribbean/ African/ Black or Black Other/ Any other ethnic group

Declaration
I can confirm that the information provided on this form is accurate, that I am at least 14 years old and that I have not been involved in the previous five years in an act of assault, violence or harassment against any Trust staff or registered volunteers of the Trust or been convicted of offences against children or vulnerable adults.

*Signature: __________________________ *Date: __________________________

Data protection and the Public Registers
The information on this form will be kept by Solent NHS Trust and only used in connection with membership and public involvement. This is in accordance with the Data Protection Act 1998.

☐ Please tick this box if you do not want your name to be included on the public register of members * These fields are mandatory

Portsmouth
Best of Health Awards 2015

Have you received brilliant care? Has someone really gone the extra mile to help? Then help us shine a light on our unsung heroes.

The Portsmouth News has launched their annual Best of Health Awards 2015, which aim to recognise some of the brilliant work people in the local NHS do.

Last year, three of our staff were celebrated for their fantastic efforts and it would be great to see even more recognised this year.

The categories you can nominate Solent’s staff for are:
• Hospital Doctor of the Year
• Hospital Nurse of the Year
• Hospital Team of the Year
• Allied Health Professional Worker/Team of the year
• Dental Practice of the Year
• Pharmacy of the Year
• Community Nurse/Team of the Year
• Innovation of the Year
• Unsung Hero
• Compassion in Care Award

The deadline for nominations is Friday 3 July. Anyone can put someone they think has made a difference forward. Please include as much detail as you can.

The awards will take place on Friday 9 October at Portsmouth’s Guildhall.

You can nominate by emailing healthawards@thenews.co.uk or by calling 023 9262 2206 to request a form.
Forms can also be downloaded from jpsouthevents.co.uk.

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