The Health Visiting Service consists of:

- Health visitors: registered nurses who have undertaken a specialist qualification in Health Visiting (Public Health)
- Nursery nurses: professionals with a NNEB, CACHE or BTEC qualification in nursery nursing, working with 0-8 year olds
- Support workers providing administrative support to the health visiting team
- Early years foundation workers providing practical support to families and children.

The Health Visiting Service works closely with GPs, community paediatricians and other services such as:

- Sure Start Children Centres
- Primary Care
- Child and Adolescent Mental Health Services (CAMHS)
- Children’s services (social care)
- other health services, eg Speech and Language Therapy, Children’s Continence Service.

If you have concerns or wish to discuss anything with your Health Visitor, please contact:

Please tell us how you feel about the services we provide. If you have a compliment, concern or complaint please contact the Patient Advice and Liaison (PALS) and Complaints Services on 0800 013 2319 or snhs.schpatientexperience@nhs.net
Alternatively, visit: www.solent.nhs.uk/contact-us

To become a member of Solent NHS Trust, please visit www.solent.nhs.uk/membership

For a translation of this document, an interpreter or a version in large print or Braille please contact 023 8082 5300

www.solent.nhs.uk

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The Health Visiting Service provides family and child-centred services within the home, Children’s Centres, GP surgeries and other community settings. Health visiting is available for parents, carers and families with a pre-school age child or children. Our work involves:

• working in partnership with families and other agencies, including Children’s Centres and voluntary services
• promoting and protecting health by providing practical and professional advice on how to stay healthy
• assessing needs of individuals and the community
• protecting children
• supporting families and children with additional needs
• health protection, e.g. immunisations.

Health of babies and children

We understand how demanding babies and children can be, therefore we offer advice and support on:

• the impact of a new baby
• parenting support
• breast feeding, weaning, healthy diets and eating difficulties
• immunisations
• development and growth of your child
• accident prevention
• common problems with behaviour, e.g. sleep, toilet training and tantrums
• additional needs you and your children may have
• we also provide child health clinics and drop-in groups, e.g. first time parents, and Bumps ‘N’ Babies
• Family Points: stay and play, meet other parents/carers, access health advice.

Emotional well-being

We understand the pressures of modern life and can help with:

• postnatal depression
• conflict within your family
• unhappy or violent relationships
• protecting children within your family
• language and cultural difficulties